







## Frontrun 2017

## Männer 10 km

Platz	Name	Vorname	Start-Nr.	Jahrgang	Verein	Zeit
1	Bauer	Winfried	183	1982	Düsseldorf Dolphins	00:37:22
2	Sartor	Arnd	228	1973	SC Janus	00:40:12
3	Seegers	Klaus	210	1963	Vielhomonie Rhein-Ruhr	00:41:24
4	Dudley	Richard	235	1961	LG Donatus Erfstadt e.V.	00:42:09
5	Borgstedt	Marc	231	1980	SC Janus	00:42:28
6	Parusel	Stefan	187	1968		00:42:48
7	Kruse	Sebastian	217	1983	TV Rodenkirchen	00:43:14
8	Blank	Björn	206	1976	SC Janus Köln	00:43:44
9	Putt	Lilly	234	1985	Kulturschock e.V.	00:44:03
10	Burghardt	Günther	246	1968		00:44:55
11	Osterkamp	Andreas	207	1986		00:45:38
12	Gruhn	Frederik	208	1995		00:45:40
13	Marte	Rouven	220	1994		00:45:56
14	Worth	Lucas	224	1997		00:45:57
15	Eisermann	Stephan	180	1966	Run of Colours 23.09. Promoteam	00:46:00
16	Schmidtman	Volker	178	1963	Run of Colours 23.09. Promoteam	00:46:02
17	van de Sand	Markus	242	1976	Frontrunners Cologne	00:46:08
18	Schart	Florian	241	1996	TC Grün Weiß Bergheim	00:46:23
19	Geyer	Christian	244	1983	SC Janus	00:46:43
20	Holtkamp	Harald	227	1975	SC Janus	00:47:16
21	Kuhn	Matthias	250	1991		00:47:30
22	Marenbach	Björn	177	1983		00:47:37
23	Keser	Ugur	229	1991		00:47:53
24	Weißwange	Tim	226	1997		00:48:01
25	Weber	Michael	223	1971	SC Janus	00:48:20
26	Lodemann	Tim	198	1984		00:48:39
27	Fischer	Maik	199	1978		00:48:39
28	Lipphardt	Martin	219	1978		00:48:43
29	Strunk	Yannik	248	1997		00:48:49
30	Ridder	Florian	188	1988		00:48:56
31	Obermaier	Stefan	212	1969	SC Janus	00:49:06
32	Nötzel	Jonas	215	1989		00:49:20
33	Hecker	Peter	216	1990		00:49:20
34	Schneider	Ferdinand	196	1967		00:49:34
35	Pfeiffer	Martin	239	1995	DSHS	00:49:47
36	Wagner	Sven	236	1989	Run of Colours 23.09. Promoteam	00:49:55
37	Johnson	Jeffrey E.	197	1964	SC Janus	00:50:01
38	Weber	Sebastian	202	1973		00:50:29
39	Gante	Carsten	243	1971	SC Janus	00:50:48
40	Hawidehorst	Stefan	249	1983		00:51:10
41	Steinbuch	Thomas	240	1968		00:51:26
42	Besinger	Lars	233	1972	Frontrunners Cologne	00:51:29
43	Dreyhaupt	Tim	182	1982		00:52:07
44	Ulland	Holger	203	1977		00:52:24
45	Mohamad Ali	Zein Al Abdein	247	1992	Rainbow Refugees Cologne	00:52:44
46	Sowade	Uli	179	1970	Run of Colours 23.09. Promoteam	00:52:46
47	Hüwe	Carsten	251	1973	SC Janus	00:52:56
48	Oerder	Ralph	238	1978		00:53:44
49	Röhrig	Marcel	190	1990		00:53:59
50	Braun	Wolfgang	204	1952		00:54:13
51	Röhrig	Jörg	191	1970		00:54:28
52	Ruffing	Stefan	195	1969	Stattgarde Colonia Ahoij e.V.	00:55:35
53	Kahsnitz	Stephan	205	1982	-	00:55:35
54	Cerminara	Michele	245	1976		00:55:37
55	Klassen	Andre	225	1984	Frontrunners Cologne	00:58:08
56	Roettger	Dirk	222	1966		00:58:37
57	Arns	Michael	201	1959	Düsseldorf-Dolphins e.V.	01:01:47

